

Embrace Diversity

Community Youth Advisory Board For Mental Health Policies

What is Community Youth Advisory Board?

Situating in the community context, youth with different backgrounds come together to offer insights for mental health issues and solutions in collaborative with local policy makers.



Why Community Youth Advisory Board?

Community-based Youth Advisory Board could identify localized mental health problems and integrate policies that are relevant to their life. The existing social network in the community creates a safe environment for minority youth to speak out our concerns.

How to establish Community Youth Advisory Board?

Inclusive Representation and Selection

- Reach out to youth with diverse backgrounds, experiences and perspectives on mental health policy making
- Ensure a transparent selection process and ask for advice from different stakeholders

Community Engagement and Advocacy

- Organize community events and campaigns directed by youth representatives to raise awareness on mental health in collaboration with local organizations
- Offer youth opportunities to interact directly with community members and policy makers

Empowerment and Sustainability

- Provide training to empower youth representatives with advocacy and leadership skills and celebrate their achievement
- Develop a sustainable plan to absorb new members and for future collaboration



How to ensure the inclusivity of Community Youth Advisory Board?

Creating a Respectful Environment

- Provide training to youth representatives on diversity, equity, and inclusivity
- Establish rules that value active listening and respectful dialogues

Accessible Resources and Feedback

- Provide materials that are accessible for everyone and organize meetings to discuss the resources
- Seek feedback from youth representatives and community members to improve strategies and initiatives

Supportive and Equal Relationship

- Establish a support team to assist minority youth and make sure their voices are heard and understood
- Schedule regular one-on-one meetings to address concerns from every member

